



Nano Infusion Microneedling Pre & Post Care Instructions

PRE CARE INSTRUCTIONS:

1. Please arrive with clean skin
2. No active sunburns
3. No self tanner or spray tans within 1 week
4. No retinol or exfoliating products 3-5 days prior
5. No active acne or open lesions
6. Not recommended for women who are pregnant or nursing

Contraindications include:

Eczema, psoriasis, and/or other chronic skin conditions in the treatment area, history of Herpes Simplex infections, recent chemical peels or laser treatments, presence of raised moles or warts on targeted area

Absolute contraindications include:

Active bacterial or fungal infection, immunosuppression, skin cancer in the treatment area

Topical Growth Factor Application: Pure PDGF+

If included as part of your customized microneedling treatment, your provider will apply a topical growth factor serum called Pure PDGF+ (Platelet-Derived Growth Factor) immediately post-procedure. This sterile, pharmaceutical-grade serum contains recombinant human PDGF-BB, a clinically proven protein that supports healing by stimulating collagen production, cell regeneration, and the formation of new blood vessels.

Although the use of Pure PDGF+ in aesthetic medicine is considered off label, it is widely recognized as a safe and effective option to promote recovery and optimize treatment results.

POST CARE INSTRUCTIONS:

1. Most individuals experience minimal to no downtime. Mild redness may occur and typically resolves within a few hours.
2. If possible, wait 24 hours or until the following morning to cleanse your face to ensure optimal product absorption.
3. Treat the skin gently for 24–48 hours. Use water only or a gentle cleanser.
4. Avoid sun exposure for 24–48 hours. Begin using SPF 30–50 the next morning.
5. Mild dryness or flaking may occur. Use gentle, hydrating products.
6. Avoid strenuous activity, heat, or extreme temperatures for 24 hours.
7. Multiple treatments may be recommended to achieve optimal results.