



Collagen Induction Therapy (Microneedling) Pre & Post Care Instructions

PRE CARE INSTRUCTIONS:

Please arrive with clean skin
No active sunburns
No self tanner or spray tans within 2 weeks
No retinol 7 days prior
No active acne or open lesions
Not recommended for women who are pregnant or nursing

Contraindications include:

Keloid scars, history of eczema, psoriasis and other chronic conditions, history of actinic (solar) keratosis, history of Herpes Simplex infections, history of diabetes, presence of raised moles, warts on targeted area.

Absolute contraindications include:

Scleroderma, collagen vascular diseases or cardiac abnormalities, Blood clotting problems, active bacterial or fungal infection, immunosuppression or skin cancer in treatment area.

Topical Growth Factor Application: Pure PDGF+

If included as part of your customized microneedling treatment, your provider will apply a topical growth factor serum called Pure PDGF+ (Platelet-Derived Growth Factor) immediately post-procedure. This sterile, pharmaceutical-grade serum contains recombinant human PDGF-BB, a clinically proven protein that supports healing by stimulating collagen production, cell regeneration, and the formation of new blood vessels.

Although the use of Pure PDGF+ in aesthetic medicine is considered off-label, it is widely recognized as a safe and effective option to promote recovery and optimize treatment results.

POST CARE INSTRUCTIONS:

1. Immediately after treatment, most patients will experience redness for 1-3 days, however for more aggressive treatments this may last longer. Slight to moderate swelling and a mild to moderate sunburn sensation are also common post treatment and may last 1-3 days. Skin may crust and peel for 2-7 days depending on treatment settings.
2. A topical ointment such as Aquafor may be applied to the treatment area, no bandages or wraps are necessary. Your provider will inform you when you may resume the use of your usual skin care products.
3. Treat the skin gently, avoid scrubbing or trauma to the treated area. Use water only or a gentle cleanser for the first 24-72 hours.
4. Avoid sun exposure to reduce the chance of hyperpigmentation (darker pigmentation). Use SPF 50 after 24-48 hours.
5. Multiple treatments over a period of several months may be required to achieve the desired response. You may notice immediate as well as longer term improvements in your skin.
6. Avoid strenuous activity, heat or extreme temperatures for 48 hours.